

Nar-Anon Family Groups
Georgia Region Meeting
April 30, 2011

The meeting opened with the Serenity Prayer at 1:47 p.m.

Tradition 11 read by Jennifer.

The following individuals were in attendance:

Attendees:

Jennifer H	Region Chair
Anne F	Region Treasurer
Mary Helen J	Region Secretary
Millie C	WSO Georgia Region Rep
Carol K	Marietta, Transfiguration
Jan L	Sandy Springs, Women's Group
Marie T	Riverdale, SESH Group
Sheryl S	Chamblee-Tucker, Holy Cross
(For Bob M)	Chamblee (Dunwoody), Peachford

Secretary note: Motions are in bold, items to be taken back to Groups are underlined and are in red.

Roll Call/Group Report by GSR:

- Sheryl (for Bob M, Alpha Group): attendance 6-8, announced they are beginning Step meetings at the Friday meeting (Peachford).
- Sheryl (Chamblee-Tucker, Holy Cross): attendance 6-8, had previously done Step meetings, uses SESH reading at meetings currently.
- Millie (Buckhead): attendance 20+, program leader each week, program varies by leader, newcomer welcome instituted 15 minutes prior to each meeting, been well received
- Jan (Women's Group): attendance 10-12, program leader and welcome person each meeting. Interactive activities used and various CAL readings.
- Transfiguration: attendance 20, will rotate who attends Region meeting each quarter. No one committed to 3-year GSR service term.

Secretary/Minutes:

- Minutes from last meeting were summarized for attendees by Secretary, Mary Helen J.
Motion to pass minutes as submitted: Jan
Second on motion by: Sheryl
In Favor: All
- It was verified that in order for a Group to vote in Georgia Regional issues/motions, they must attend quarterly Region meetings (at least 2 annually) as well as make quarterly Region contributions (at least 2 annually).

Treasurer Report:

- Report given by: Anne F (Treasurer) (attached for reference)
- Has received funds from prior Region Treasurer
- Restated that nothing has been sent to the WSO since early 2010
- Current bank offered savings account (at no cost). Bank will automatically transfer funds each month to eliminate bank fees.
- Savings account to be used for accumulating funds for the 2012 Conference as well as the Region contribution to ECC4.
- Funding needed for 2012 Conference discussed again. Estimated at \$3,000 to send 2 attendees. Region will receive notification in November, funds needed at WSO by December.
- Region funding to WSO discussion:
 - Minutes from April 2010 were reviewed by Jan to verify prior commitment decision
 - Motion by Anne: contribute __% to WSO quarterly – abandoned
 - Motion by Millie: contribute \$200 – abandoned
 - Motion by Marie: contribute 10% of bank balance 1st three quarters – abandoned
 - Discussion of whether to give 10% of funds received or 10% of net income quarterly
 - **Motion by Anne: contribute \$100 now (to cover 2010 under-contribution as well as 2011 first quarter), contribute \$25 quarterly from now on.**
 - **Second: Sheryl**
 - **In Favor: All**
- Prudent reserve discussion regarding known expenses of Region. Ensure funds in place for known expenses. Financial needs of Region are as follows:
 - \$1,500 2012 Conference
 - ?? ECC4 Convention contribution
 - \$195 quarterly for phone bill
- **Motion by Marie: alternate sending of Region Delegate(s) to Conference, send only 1 delegate and following Conference send 2. Alternate Delegate will attend Conference with outgoing Delegate to gain experience; will then attend alone when they are elected as Delegate.**
 - **Second: Sheryl**
 - **In Favor: All**
- Transfiguration will now be contributing \$75 per quarter to the Region designated as follows:
 - \$25 Region operating expenses
 - \$50 Conference/Convention at discretion of Region

Website Report:

- Jefflyne unable to attend meeting, has not yet provided Jan with quarterly reporting. Jan discussed Website on Jefflyne's behalf (where possible)
- Liz from Summit Ridge had offered to take on role of Web Master (during 1st quarter Region meeting). Easier for Jefflyne to continue to maintain rather than spend time to transition to someone with unknown skill level at web site maintenance and programming.
- Jefflyne will continue to maintain website providing annual reporting. All attendees agreed that reporting needs to be quarterly.
- Jennifer would like transition to occur. Will talk with Jefflyne regarding job requirements and skills needed to assume role.
- Jennifer requested written procedures on website programming, maintenance and reporting.

- Jan will coordinate discussion of written procedures, skills needed, etc. and will communicate directly to Jennifer.

Hotline Report:

None

WSO Report:

- Report given by Millie (Region Delegate)
- Only item for discussion is New Business item – Michigan publishing and selling literature outside of Literature Committee.
- Special edition newsletter passed around for attendees to review.

OLD BUSINESS:

- Webmaster position – on hold
- Alternate Delegate:
 - Requirement: 3 years in Nar-Anon
 - Not NA member
 - Attend Conference in 2014 with Millie (outgoing Delegate)
 - Attend Conference in 2016 alone (as Delegate)
 - Attend Conference in 2018 with new Alternate
 - Vote on World Policy & Guideline issues
 - **Take to group – need nominations for this position**
- Georgia Nar-Anon Meeting verification committee report:
 - Nothing done to date
 - Marie resigning due to prior commitments
 - Jan will now assist Mary Helen (Secretary/Johns Creek) and Annie (Hotline/Ridgeview)
 - Will report further during next meeting
- **Picnic: need someone to work on this committee, take to group.**
- **Step Workshop: needs additional support, take to group.**
- **HIPI (Sharon, Buckhead currently doing). Needs additional support, take to group.**

NEW BUSINESS:

- Region response to Michigan publication:
 - Issue with not following Policy & Guidelines for developing literature
 - Region supports WSO in their position
 - WSO has part in this issue as well by not developing enough literature for the fellowship.
 - Region points are as follows: Michigan didn't follow guidelines for literature development, copyright infringement issues, we support WSO in their actions, quote tradition #4.
 - **Motion by Marie: Millie to draft reply to WSO, send to Jennifer, Chair will forward to WSO**
 - **Second: Anne**
 - **In Favor: All**

- Facebook page with Nar-Anon logo
 - Not WSO page
 - Individual page by member on Newsletter Committee
 - Marie reported on 5 pages using Nar-Anon logo (report attached for further reference).
 - Proposes sending Regional response to WSO and BoT: bring matter to their attention, either remove Nar-Anon logo or remove page entirely
 - Marie will draft response, send to Jennifer.
 - Upon approval, Marie will send to WSO and BoT.
- Little Girls Grow Up (NA women's convention)
 - Reported that Nar-Anon will have a room for duration of convention
 - Marie has donated sign to Region for use here and during future events
 - Marie suggested we register as a donation to NA (registration form attached to minutes)
 - Times room will be used: Friday, 6:00 to 10:00 pm, Saturday, 9:00 am to 10:00 pm
 - Nar-Anon will have literature available (SESH books for sale as well as pamphlets), will hold meetings.
 - T-shirts from 2010 picnic will be for sale as well
 - Need updated meeting list (tri-fold) to distribute – Mary Helen and Marie will work on this.
 - **Motion by Sheryl for Region to contribute up to \$50 for pamphlets for use at Little Girls Grow Up Weekend. Remainder will be sold to groups during next Region meeting.**
 - **Second: Carol**
 - **In Favor: All**
- East Coast Convention #4 (ECC4)
 - **Need volunteers to work at convention in various capacities – take to group**
 - Current committee members from: Florida, Georgia, North Carolina, South Carolina, New Jersey and Indiana.
 - Donation appeal letter sent out
 - Cost of convention \$7,000 to \$10,000
 - Registration will cover significant portion of these costs
 - Seed money is needed immediately. Approximate amount needed: \$3,000
 - Regions can send money directly or hold a fund raising event
 - Attendance estimate: 200 people
 - **Take to groups: should the Region hold fund raising event or should the groups individually contribute funds to the Region; the Region will, in turn, contribute to ECC4.**

Next Meeting:

At Buckhead Serenity Hour location

July 30, 2011

1:30 p.m.

Meeting was closed with the Serenity Prayer at 4:05 pm EST

Respectfully submitted,

Secretary: Mary Helen Jackson

Nar-Anon Georgia Region
Treasurer's Report
First Quarter 2011

April 30, 2011

<u>Funds on Hand:</u>	<u>\$1169.13</u>
<u>Income for Quarter:</u>	
Alpha (catch up for 15 months)	\$300.00
Buckhead	25.00
Chamblee Tucker/ Holy Cross (2 quarters)	50.00
Summit Ridge	50.00
Transfiguration	25.00
Convention Contribution	<u>100.00</u>
<u>Total Income</u>	<u>\$550.00</u>

Expenses for Quarter:

Phone Bill: 3 months @ \$64.76	<u>(\$194.28)</u>
Net Income for Quarter	<u>\$355.72</u>

We need to decide how much we should send to WSO, since we have not since any money to WSO for the last several quarters.

Nar-Anon Family Groups
Georgia Region Meeting
October 22, 2011

The meeting opened with the Serenity Prayer at 1:35 p.m.

The following individuals were in attendance:

Attendees:

Jennifer H	Region Chair
Anne F	Region Treasurer
Mary Helen J	Region Secretary
Millie C	WSO Georgia Region Rep
Anne W	Ridgeview, Georgia Hotline
Jan L	Sandy Springs, Women's Group
Marie T	Riverdale, SESH Group
Kelly C	Johns Creek Nar-Anon Family Group

Secretary note: Motions are in bold, items to be taken back to Groups are underlined and are in red, other miscellaneous action items for Region members/GSR's are simply underlined, attachments noted by blue/bold/underlined typing.

Roll Call/Group Report by GSR:

- Jan (Tuesday Women's Group): attendance average 12-20, strong meeting.
- Kelly (Johns Creek NFG): attendance average 14, newcomers coming weekly – some do not return. Core members 5-6.
- Marie (SESH Group): 2 typically, meeting may need to fold. **Send any people from the Southside that attend your meeting to SESH group.** Meeting day/time cannot be changed per Marie, held at treatment center that has multiple other meetings during the week.
- Jennifer (Transfiguration): attendance average 15 (assumption), 10 core members.
- Millie (Buckhead): attendance average 15-20.
- Anne (Ridgeview): attendance average 20, attendance varies widely, GSR is unreachable.

Secretary/Minutes:

- Minutes from last meeting were summarized for attendees by Secretary, Mary Helen J.
Motion to pass minutes as submitted: Jan
Second on motion by: Anne
In Favor: All

Treasurer Report:

- Report given by: Anne F (Treasurer) ([attached](#) for reference)
- Buckhead contribution of \$400 has helped with funds needed to send delegate to Conference in 2012.

- Jan (Women's Group) requested confirmation of funds received from her group.
- \$1600 needed to send single Delegate to Conference in April 2012
- Balance left in Regional account should handle routine expenses.
- Question: groups up to date on contributions?
- In order to participate/vote in Region activities the following must occur:
 - Must contribute quarterly to the Region
 - Must have GSR present for at least 2 Regional meetings
- For January 2012 meeting: Treasurer will prepare report of contributions received for 2011 by group.
- Question: is the Transfiguration contribution that is being targeted to ECC4 being sent to ECC4?
- How much does ECC4 need? Per Marie, ECC4 will take any contributions. Cost undetermined at this time. ECC4 needs people!
- *Secretary note: Discussion of ECC4 needs occurred at this time. Conversation repeated during Old Business discussion of ECC4. Comments/concerns will follow in minutes in Old Business section.*
- Cost of phone service for Hotline:
 - Costs seem high
 - Other options should be pursued. Suggestions included: Magic Jack, Vonage, Net Ten, P.O.T.S (plain old telephone service), "cheap" cell phone service through Wal-Mart, etc.
 - Anne keeps manual statistics of calls received
 - Anne (current Hotline person) prefers not to go through her personal internet service at her home.
 - Anne will look into other phone service options and will report back to Region during January 2012 Region meeting.

Hotline Report:

- Report given by: Anne
- Cell service (per above meeting minutes) will be investigated by Anne.
- 51 calls in prior quarter, broken down as follows: 47 family/friends of addicts, 3 treatment centers, 1 college security guard
- Relayed thanks for Johns Creek meeting, relayed new meetings in St. Simons and Newnan.
- Number of parent calls increasing – especially parents of addicts who are having children (i.e., grandparents). Grandparents raise concerns re: DFACS, custody, etc.
- Lots of Groups in Region appear to be following this trend with grandparents attending meetings.
- Transfiguration has Grandparent Program, Anne will possibly use as referral source
- Possible outreach for Nar-Anon Region: Grandparent panel of some kind. Possibly at ECC4. ECC4 not proper setting for this type of panel.
- Possible outreach for Region: Grandparent program at Transfiguration, appear as speaker.

Website Report:

- Report distributed by Chair (Liz unable to attend, [attached](#) for reference)

- More views of website and Georgia meetings than prior quarter
- Meeting updates happening per Anne.

WSO Report:

- Report given by Millie (Region Delegate)
- \$1600 due on 12/31/11 to send Georgia Delegate.
- Conference dates: 4/20/12 to 4/23/12
- **To Groups: Meeting is open. Anyone in fellowship can attend. \$850 is cost to stay at hotel and attend meetings as non-voting attendee. \$75.00 is cost to purchase Conference documents.**
- CAR (Conference Agenda Report) will be sent out in December
 - Too late for motions by Regions
 - Millie will send out CAR Motions prior to next Region meeting
 - January Regional meeting is when intensive review of CAR motions will occur. GSR's will then take CAR Motions back to individual groups for discussion.
 - April Regional meeting is when voting on CAR motions will occur.
 - GSR's will vote at group's direction at April Regional meeting.
- Summary of CAR (Conference Agenda Report) Motion Activity within Region:
 - Millie will send CAR Motions to each GSR prior to January Region meeting
 - Each GSR will review CAR Motions independently before January Region meeting
 - Each motion will be individually reviewed during January Region meeting
 - GSR will take CAR Motions to their individual groups for group conscience discussion and group vote
 - GSR will then vote in April Region meeting (per group conscience discussion/vote).
 - Delegate (Millie) vote on CAR Motions determined by results of April Region meeting vote.

OLD BUSINESS:

- East Coast Convention #4 (ECC4)
 - Hotel visit by Marie and Mary Helen
 - Attendance estimate = 200. East coast defined as Maine to Florida (including some Midwest sections).
 - **Need volunteers to work at convention in various capacities. Sign-up sheet attached to minutes. Have sheet out at Group meetings over next several months.** ECC4 Committee chair for hospitality, merchandise, registration will contact those individuals who indicate interest in helping at ECC4. Suggestion from Jan: use Bringit.com as place to organize people and shifts working.
 - Talk about ECC4 in Group meetings, encourage attendance.
 - **Registration Flyer attached to minutes. Have out at Group meetings to encourage attendance.**
 - Early Bird Registration = \$67.00 includes registration, banquet/dance, convention T-Shirt.
 - Hotel working on reducing costs (especially for coffee)

- Sale of additional “tickets” discussed – **ONLY AT**: group meetings, at Nar-Anon events. Contact Marie or Mary Helen if interested in additional “tickets”.
- Cost overview: \$25 for registration if received by 3/30/11, \$30.00 for registration if received by 6/30/11, \$35.00 for registration 7/1/11 and after
- Banquet cut off date = 7/20/11
- Nar-Anon 36 / Step 1
 - Feedback should be sent directly to Literature Committee. See World Nar-Anon website for email address
 - Steps 2 and 3 have been released for fellowship review
 - Can send to members in individual groups for review
 - Not available for meeting use, not CAL (Conference Approved Literature)
 - Transfiguration sends to members in group, they either choose to review or not. Too lengthy for Group Conscience discussion, review at individual level.
 - **Steps 2 and 3 attached for group distribution where interest has been received**
- Alternate Delegate:
 - Any group interest to report? Only 1 member expressed interest, from Buckhead Group (Adele)
 - Johns Creek NFG too new, length in program requirement not met
 - Guide to Local Services expresses time in Program. Guide to Local Services is only meant as a GUIDE. Regions can decide on time in Program requirement independently.
 - **Any group level interest in Alternate Delegate position? Three years in Nar-Anon required, attendance at Conference in California part of responsibility. Working meeting for 3+ days.**
 - Discussion of “Time in Program” requirement to be determined at January 2012 Region Meeting.

NEW BUSINESS:

- New Meeting Discussion
 - New meetings report (by Anne, Hotline): St. Simons and Newnan.
 - Anne to email contact information for new meetings to Mary Helen
 - World letting Anne know of new meetings
 - Anne letting Liz (Web Master) know of meeting change(s) she receives from World.
 - Closed meetings: Gainesville, Macon
 - Meeting listings match more closely between World and Georgia websites.
 - West Georgia meeting needed, Augusta meeting needed.
- Meeting Via Skype or Conference call feedback:
 - Anonymity an issue per Tuesday Women’s meeting – through use of Skype as well as conference calls.
 - Skype cannot be done at Buckhead location (current Region meeting location).
 - Goal is to get more Region involvement from Group meetings within state.
 - Only one face to face Region meeting required per year
 - Welcome Letter to be sent by Chair to new meeting contact, will ask of any interest in attending Region meetings

- Each Georgia meeting contact to be contacted by Anne: interest in Region participation to be asked
- January 2012 meeting topic: how to get remotely-located meetings in attendance at Region meetings
- Minutes to be sent to all meetings where we have contact information. Anne to forward St. Simons and Newnan contact information to Mary Helen (Secretary) so 10/22/11 meeting minutes can be sent to them.

Next Meeting(s):

January 21, 2012

At Buckhead Serenity Hour location

1:30 p.m.

CAR Motion discussion

April 14, 2012

At Buckhead Serenity Hour location

1:30 p.m.

CAR Motion vote

Meeting was closed with the Serenity Prayer at 3:15 pm EST

Respectfully submitted,

Secretary: Mary Helen Jackson